

# Training & Mentoring Project



This 'Skills for Living Programme' offers an opportunity to build on existing skills and confidence through vocational training to take responsibility and control to live more independently. On successful completion students will receive a certificate.

Thursday 7th & 14th May 2009  
9am- 3pm  
Fieldway Unit 8, Health, Cardiff

## COURSE OUTLINE

### Day 1

- > Identify routines & responsibilities
- > Personal safety
- > Safety in the home
- > Planning for the future

### Day 2

- > Managing Finances
- > Understanding Benefits
- > Budgeting



**ARE YOU INTERESTED?**

## CONTACT

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